



*Welcomes you!*



We applaud you in your desire to find the very best quality accommodations for your loved one.

Our goal is provide an environment where all of our residents will continue to thrive. Their need for more assistance now does not mean that they can't still live life to the fullest each and every day. This may look different on different days, and will certainly look different for each of our residents, but we are here to meet those special needs.



## MAKING THE MOVE

*It is common for older adults to be concerned about moving into an assisted living facility. There may be concern about giving up the things they love or concern about not being able to do as they like. Here are a few of the advantages and benefits that your loved one will enjoy at Blue Sage.*

	Blue Sage Assisted Living	Living at Home Alone
DINING	<b>Table service.</b> <b>Eating with your friends.</b> <b>Freshly prepared meals.</b>	Eating pre-made meals alone.
EXERCISE	<b>Fitness programs designed to help optimize mobility and strength.</b>	No access to age appropriate exercise programs.
SOCIAL LIFE	<b>Company of other residents.</b> <b>Entertainment opportunities.</b>	Isolation without social activities.
TRANSPORTATION	<b>Availability of transportation for shopping, appointments and outings.*</b>	Reliance on others for rides to stores and appointments.
EMERGENCY ASSISTANCE	<b>24/7 staff with an emergency response system.</b>	No guarantee that help is immediately available.
INDEPENDENCE	<b>Helpful staff assists in providing independent living.</b>	Dependence on family and friends.

\*Additional Fees May Apply



## SERVICES



At Blue Sage Assisted Living we pride ourselves on delivering quality care in a home-like environment.

- Individualized Service plan provided by the medical team
- Physical, emotional, cognitive, and spiritual care provided
- Trained staff on-site 24 hours a day
- Private rooms and companion suites
- Arranged transportation for local shopping, errands, events and outings\*
- Assistance with personal care needs, such as bathing and grooming
- Personal housekeeping and laundry services
- Medication management
- Three delicious meals plus two snacks each day
- Ongoing monitoring of health needs
- Emergency response system
- Smoke and fire alarm detectors
- Fire sprinkler system
- Door alarms

## LOCATIONS

**BILTMORE-ARCADIA**  
3213 E. Mitchell Drive  
Phoenix, AZ 85018

**MOON VALLEY COUNTRY CLUB**  
13435 N. Coral Gables Drive  
Phoenix, AZ 85023



Contact us today!



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**Respect.  
Comfort.  
Care.**

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